


## classic pitas



 **CHICKEN SHAWARMA** sm 320 cals | reg 544 cals  
tomatoes • pickles • tabouleh • hummus • garlic sauce

 **CHICKEN SOUVLAKI** sm 355 cals | reg 591 cals  
Greek salad • feta • tzatziki

 **CHICKEN CAESAR** sm 326 cals | reg 493 cals  
bacon • croutons • parmesan • Caesar dressing

 **CHICKEN FAJITA** sm 306 cals | reg 508 cals  
roasted red peppers • onions • tomatoes • jalapeño • cilantro • cheddar • mozzarella • sour cream • salsa


 **PHILLY CHEESESTEAK** sm 442 cals | reg 724 cals  
peppers • onions • provolone • mozzarella • garlic mayo

 **THE CLUB** sm 378 cals | reg 596 cals  
 turkey • ham • bacon • cheddar • peppers • tomatoes • onions • mushrooms • cucumbers • mayo

 **SRIRACHA FALAFEL** sm 396 cals | reg 609 cals  
roasted red peppers • tomatoes • pickles • cucumbers • tabouleh • hummus

## signature pitas

 **BUFFALO CHICKEN** sm 288 cals | reg 474 cals  
mushrooms • onions • tomatoes • carrots • blue cheese blend • Buffalo ranch sauce

 **CHIPOTLE CHICKEN** sm 332 cals | reg 562 cals  
roasted red peppers • onions • cheddar cheese • chipotle BBQ mayo

 **GRILLED CHICKEN & GOAT CHEESE** sm 297 cals | reg 489 cals  
roasted red peppers • tomatoes • zucchini • balsamic lemon dressing

 **BACKYARD BBQ STEAK** sm 340 cals | reg 554 cals  
mushrooms • onions • peppers • zucchini • feta • BBQ ranch dressing


 **THAI CHICKEN OR BEEF** sm from 260 cals | reg from 410 cals  
 mushrooms • onions • peppers • Asian slaw • sweet Chili sauce


 **MEDITERRANEAN VEGETABLE** sm 302 cals | reg 515 cals  
roasted red peppers • zucchini • tomatoes • cucumbers • bean medley • feta • hummus • tabouleh • tzatziki


## flatbaked pitas

 **BBQ CHICKEN & BACON** 641 cals  
 onions • cilantro • cheddar • ranch dressing

 **BUFFALO CHICKEN** 520 cals  
onions • mushrooms • blue cheese blend • Buffalo ranch sauce

 **CLASSIC** 517 cals  
mushrooms • pepperoni • bacon • mozzarella • pizza sauce

 **HAWAIIAN** 509 cals  
pineapple • bacon • ham • mozzarella • pizza sauce

 **VEGGIE** 433 cals  
roasted red peppers • onions • zucchini • Kalamata olives • feta • pizza sauce

## create your own

### PITA OR FLATBAKED PITA

see restaurant for details.



## sides

### SIGNATURE COOKIES

### PITA CHIPS & DIPS

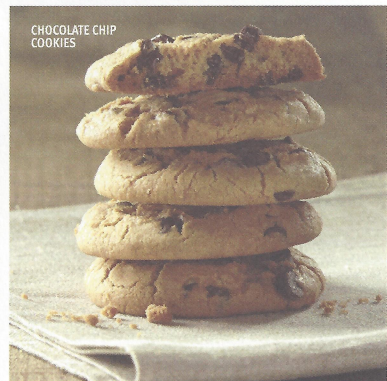
### CHIPS

### SOUP

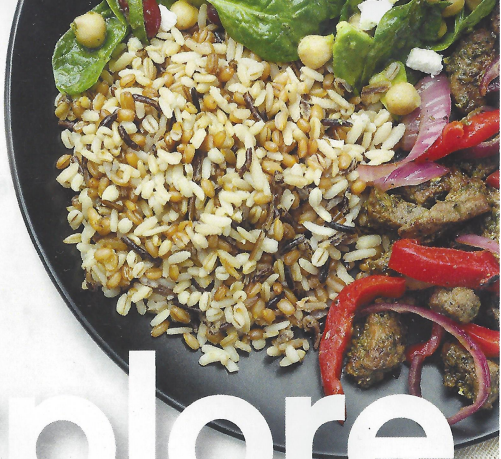
Kids menu available for children 12 and under.

Menu items and prices may vary by location.

Nutritional information available at [extremepita.com](http://extremepita.com)

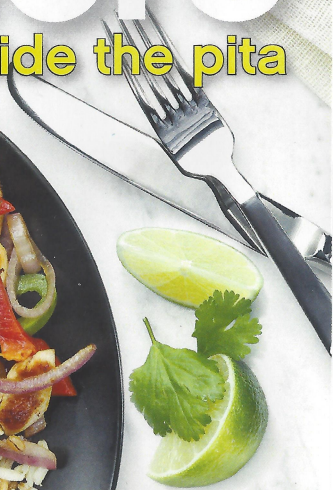
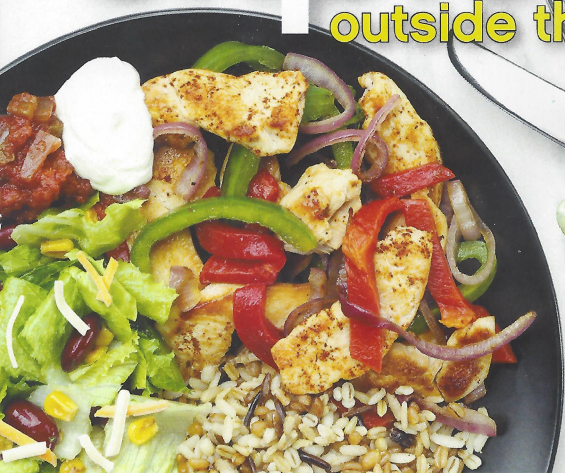


**new**



# explore

outside the pita



4642 Yonge Street, Barrie, ON, L4N 4E6  
705-734-0006

Available at participating locations only.



## chimichurri beef

Mixed Grains + Grilled Beef with Chimichurri Sauce, Roasted Red Peppers and Grilled Onions + Spinach Salad with Bean Medley, Avocado, Goat Cheese and Sunflower Seeds with a Chimichurri Dressing

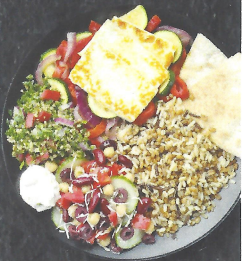
**705 calories**



## mediterranean halloumi cheese

Mixed Grains + Grilled Halloumi Cheese, Grilled Vegetables + Salad with Bean Medley, Olives and Feta Cheese with a Feta Dressing + Tabbouleh + Tzatziki

**807 calories**



## mediterranean shawarma chicken

Mixed Grains + Grilled Chicken Shawarma, Grilled Vegetables + Bean Medley, Olives and Feta Cheese with Greek Dressing + Tabbouleh + Tzatziki

**743 calories**

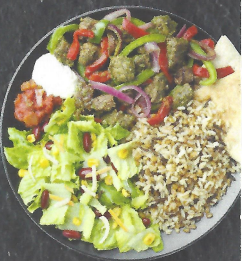


## chicken or beef fajita

Mixed Grains + Beef Steak or Chicken, Grilled Vegetables + Corn Bean Salsa Salad topped with Cheddar Cheese + Sour Cream and Salsa

**Chicken 644 calories**

**Beef 733 calories**



## chicken souvlaki

Mixed Grains + Grilled Souvlaki Chicken with Grilled Vegetables + Greek Salad + Tzatziki and Hummus

**757 calories**



THE CLUB

## ordering information

- At least 24 hours' notice is preferred for catering orders. We handcraft our pitas daily and the advance notice allows us to accommodate your orders. Cancellations must be made 6 hours prior to pick up or delivery time. Cancellation charges may apply.
- Delivery is available at participating locations. Please contact your local restaurant. Delivery charges may apply.
- Each catering order includes disposable plates, cutlery and napkins.
- Have questions? We are here to help and answer them. Please contact your local restaurant for more information.

### RESTAURANT DETAILS:

**Extreme Pita**  
75 Barrie View Dr.  
Barrie, ON L4N 8V4  
705-722-4034  
[EP287@extremepita.com](mailto:EP287@extremepita.com)

**Extremepita**  
eat good. feel good.

All prices subject to applicable taxes. Menu items and prices subject to change without notice. Nutritional information available at [extremepita.com](http://extremepita.com)

# Extremepita™

eat good. feel good.



## catering menu

to find an Extreme Pita near you visit  
[extremepita.com](http://extremepita.com) |   

# pita platters

each platter has an assortment of 10 pitas cut in half, individually wrapped & labelled. our pita platters serve up to 10 people.

+  
a bowl of  
pita chips  
included.

## classic pitas \$70 [\$7.00 per person]

### 🐔 CHICKEN SHAWARMA

tomatoes • pickles • tabouleh • hummus • garlic sauce

### 🐔 CHICKEN SOUVLAKI

Greek salad • onions • Kalamata olives • feta • tzatziki

### 🐔 CHICKEN CAESAR

bacon • croutons • parmesan • Caesar dressing

### 🐔 THE CLUB

🐔 turkey • ham • bacon • peppers • tomatoes • onions • mushrooms • cucumbers • mayo

### 🌿 SRIRACHA FALAFEL

roasted red peppers • tomatoes • pickles • cucumbers • tabouleh • hummus

## personal pita pack

classic \$10 signature \$11

YOUR CHOICE OF A SIGNATURE OR CLASSIC PITA,  
CHIPS AND A CANNED DRINK OR BOTTLED WATER

## signature pitas \$75 [\$7.50 per person]

### 🐔 BUFFALO CHICKEN

mushrooms • onions • tomatoes • carrots • blue cheese blend • Buffalo ranch sauce

### 🐔 CHIPOTLE CHICKEN

roasted red peppers • onions • cheddar cheese • chipotle BBQ mayo

### 🐔 GRILLED CHICKEN & GOAT CHEESE

roasted red peppers • tomatoes • zucchini • balsamic lemon dressing

### 🐮 BACKYARD BBQ STEAK

mushrooms • onions • peppers • zucchini • feta • BBQ ranch dressing

### 🌿 MEDITERRANEAN VEGETABLE

roasted red peppers • zucchini • tomatoes • cucumbers • bean medley • feta • hummus • tabouleh • tzatziki

# sides, salads + drinks

DOZEN SIGNATURE COOKIE SANDWICHES \$14

DOZEN CHOCOLATE CHIP COOKIES \$7

PITA BREAD & DIP \$7 [serves 5]

choose from hummus or tzatziki

VEGGIE AND FRUIT PLATTERS

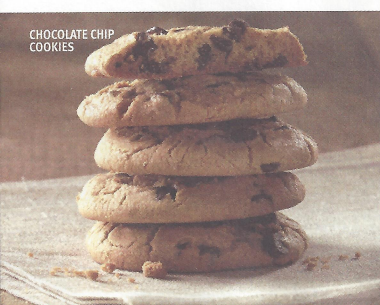
available upon request at current market price

SALAD \$45 [serves 10]

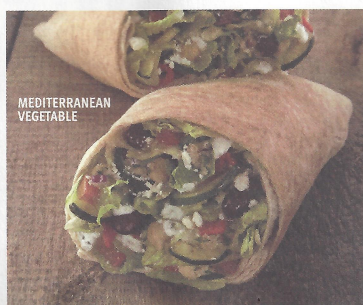
choose from garden, Greek or Caesar salad

DRINKS

proudly serving Pepsi beverages.  
ask for details.



CHOCOLATE CHIP COOKIES



MEDITERRANEAN VEGETABLE



GREEK SALAD



# at purblendz

we believe **natural is better.**

While other smoothies contain additives, boosters, or formulated supplements, we use combinations of all natural fruits and vegetables. Consider this simple fact, fruits and vegetables are one of the healthiest and most wholesome nutritional sources available and they taste great, **so why add anything more?**

## fruit smoothies

### strawberries on the peach

strawberries, peaches, apple juice, cranberry juice

### mango + tango

mangos, bananas, passion-orange-guava juice, rice milk

### berry mangalo

raspberries, mangos, passion-orange-guava juice

### strawberry banana blast

strawberries, bananas, passion-orange-guava juice, rice milk

### big berry bang

strawberries, pineapples, blueberries, bananas, cranberry juice, passion-orange-guava juice

## green smoothies

### spinango

spinach, mangos, bananas, apple juice, orange juice

### kale a cab

kale, cabbage, mangos, blueberries, passion-orange-guava juice

## super smoothies

### metabol blast

blueberries, raspberries, strawberries, bananas, flax seed, bee pollen, whey protein, cranberry juice, apple juice

### immune boost

echinacea, mangos, strawberries, orange juice, apple juice, passion-orange-guava juice

## protein smoothies

regular only

### protein extreme

double portion whey protein, bananas, strawberries, orange juice

### so-blue protein

whey protein, bananas, blueberries, apple juice, rice milk



### Interested in enhancing your smoothie even more?

We are all about keeping it pure. Our smoothie enhancers are considered to be some of the best all natural supplements found in nature. Try one and boost your smoothie experience.

## pur enhancers

### echinacea

Commonly used to enhance your immune system. May help to fight colds.\*

### flax seed

Source of omega-3 Fatty acids and fibre/fiber which may help to lower cholesterol.\*

### whey protein

High source of protein and can be easily digested.\*

### bee pollen

Source of antioxidants, vitamin A, C, E and B-complex, amino acids and protein. May increase stamina and energy levels.\*

\*Information on this menu is provided solely for the user's information and is provided strictly "as is" and without warranty of any kind. Please contact a registered nutritionist for more information on the enhancers listed.